Date: 8/29/15

Title: Onion Christians

Theme: God wants us to be sweet on the inside as we look on the outside on Sabbath morning.

Object: Banana, onion, sharp knife, cutting board

Text: 1 Sam 16:7 But the Lord said to Samuel, “Do not consider his appearance or his height, for I have rejected him. The Lord does not look at the things people look at. People look at the outward appearance, but the Lord looks at the heart.”

Matt 23:27-28

My, how nice you all look today.

You’re all dressed up for church and each one of you looks so nice!

When we look at each other, all we can see is the outside, and when we come to church, we want our outsides to look the very best.

The Bible says, people look at each other on the outside, but God looks at the heart.

God can see not only what we look like on the outside, He can also see what we look like inside.

He can see what’s in our hearts and what we are really like when no one’s watching.

What if we look nice on the outside but inside we’re mean and selfish, and we make fun of people behind their back and call them names, and we disobey our parents, and we tell lies and steal, and say swears that take God’s name in vain?

Other people can’t really tell what we’re like on the inside just from looking at us, but God can.

God wants us to be just as nice on the inside as we look on the outside on Sabbath morning.

I brought two pieces of food with me today. One’s a fruit and one is a vegetable.

First the banana: I’m going to cut the banana in two so we can look at the insides too.

You can see that the banana is different on the inside than on the outside.

The inside is sweet and very good to eat, but the outside is tough and bitter.

Would anyone like to eat the skin? How about the inside?

Wouldn’t it be nice if the banana was sweet and good to eat on the outside too?

Now the vegetable I’ve brought with me is an onion. It’s not very good to eat raw, but cooked it is very flavorful and sweet.

The onion doesn’t have a skin on the outside. It’s the same all the way through.

If you peel the outside layer off the onion, the next layer looks just the same, only smaller.

God wants you to be sweet like the banana but the same on the outside as on the inside like the onion.

And here’s the good news: Jesus can make you as sweet on the inside as you look on the outside on Sabbath morning.

If we trust Jesus and love Him and obey Him, He will forgive us of all our sins and make us sweet like Him.

Then we can be onion Christians, as nice on the inside as we are on the outside.

What do you say, do you love Jesus? Let’s ask Him to make us beautiful on the inside too.